



Golden Goal

Basic Skills & Communication Training
with Integrated Sport Activities

Multiplier Seminar, Retz, June 26-27



Golden Goal SOLEN

Pilot phase



Target group

- In Kristianstad, there are about 150 adolescents between 18 – 24 years that are registered at the Social Welfare Office



26th-27th June 2008





Target Group

- Psychiatric problems
- Negative and/or unrealistic self-image
- Criminality
- Addictions
- Various social problems





Target Group

- Many have been depending on social welfare for a long time.
- Did not work in other programs





Target Groups

- 20 participants
 - 11 female
 - 9 male
- Mean age: 22 years
 - female: 22 years
 - male: 21 years
- Duration
 - 2006-08-01 – 2007-10-31





Collaboration

- Social Welfare Department; youth team
- Region Skåne, Kristiastad Hospital, the team for young adults
- Labour office
- Försäkringskassan – Social insurance
- ESF
- 1-2 representatives from business organizations





Goal

- Help them to enter the labour market or start an education
- Help them with their personal development
- Individual support





Golden Goal Components

- Focus on social skills
- The link between learning, sports and health
- Learning through sports





What did we do

- Focus on the social skills part of the GG curriculum.
 - Theory
 - Designed team activities, social skills - sports
- to a lesser degree: toolbox, example of exercises used;
 - 2.5 “My survival strategies”
 - 2.7 “Past experience of problem-solving”





Youth

- This group would include Youth Services Centre's, Youth Groups, Early School Leavers and Rehabilitation Groups. Raising the motivation to seek out a learning experience and to take part in adult education initiatives primarily assumes that they are in need of knowledge or skills. Particular care should be taken of this group to enhance self awareness and increase their self esteem.





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Helping students to use their minds

- Training providers should focus on training and helping students how they can use their minds properly. This includes helping students to: make connections between subjects; understand instead of memorize; go beyond set expectations and develop life skills (think critically and logically and communicate clearly).





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Personalizing teaching and learning

- The training provider must realize that each student is unique and that learning styles are different.

Teachers, consequently need to adjust their teaching to meet all students' needs so that every student is able to meet the school's goals and expectations.





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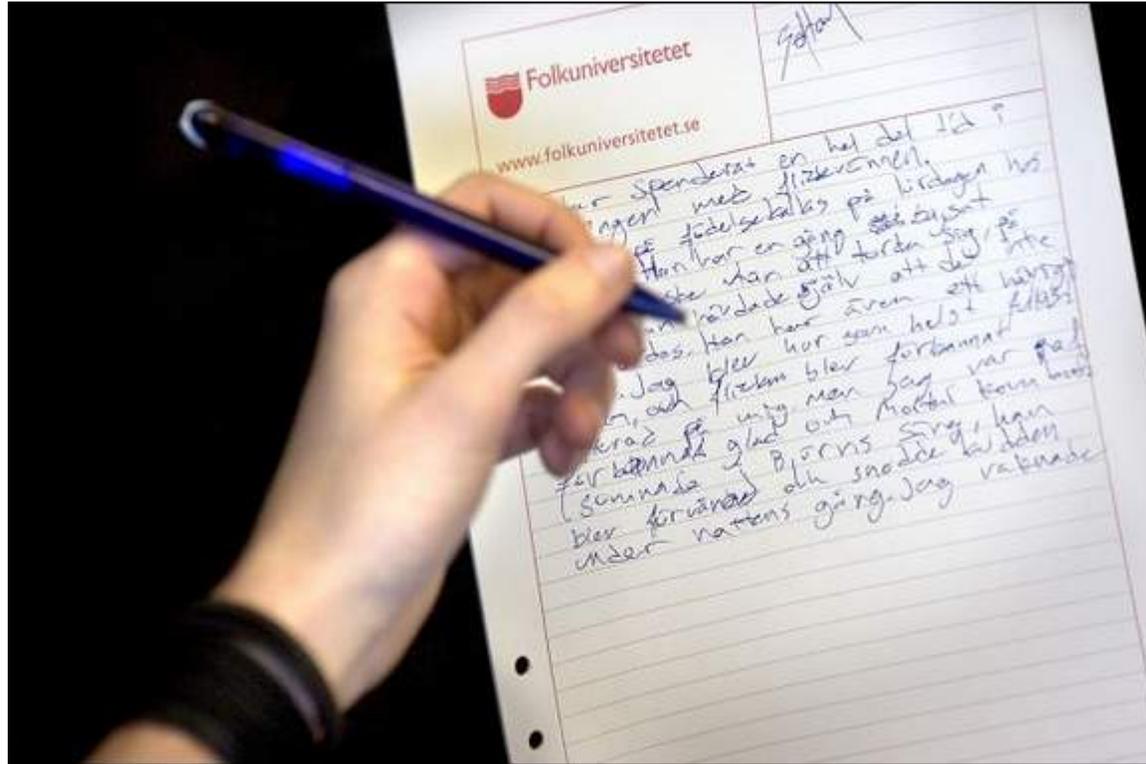




Respect, trust, and partnership

- The training location should be a place which is comfortable and inviting to all students. There should be a feeling of respect, trust, and partnership between students, parents, and teachers. In such an environment, students will be given the opportunity to express themselves, and their self-determination will rise, knowing that they can make a difference.







Outcome

- 3 individuals have obtained employment
- 5 individuals have applied to school
- The project has had a very good attendance rate





Outcome

- Social Welfare department 😊
- Participants 😊 😊





GOAL!

Thank you for your attention!

<<Contact details>>



Education and Culture

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